



# BUILD Activity Booking Form: September 2019

To book your place on any of BUILD's activities, please complete this form.

- Fill in your personal details below
- Tick all the activities you would like to book (don't forget to book bus/train buddies, if applicable)
- Return your form by either email to **admin@buildcharity.co.uk** or in an envelope to: **BUILD Charity Ltd., Church House, Church Alley, Redwell Street, Norwich, NR2 4SN**, or you can return your form at **Wednesday Club**.
- Remember that your booking is not confirmed until you have received confirmation from us and that booking by the deadline is vital, as some activities fill up very fast.
- If you cancel less than **48 hours** before the start of an event or do not attend you will be charged a **£5 Administration Fee**.

<b>Name:</b>			
<b>Telephone Number:</b>			
<b>I will bring a supporter with me:</b>	Yes:	No:	

### For payment:

You will receive an invoice at the end of each month for the payment that is due.

**Please turn over for list of activities**

## Activities for September 2019

Date of Activity	Details	Book by Date	Tick to Book		Tick for Bus/Train Buddy
Sunday 1 <sup>st</sup> September	<b>Sunday Lunch Club: William &amp; Florence</b> Support Fee: Non-Member £5	22 <sup>nd</sup> August			
Tuesday 3 <sup>rd</sup> September	<b>Activity: Grow and Go</b> Support Fee: Non-Member £5	24 <sup>th</sup> August			
Tuesday 3 <sup>rd</sup> September	<b>Activity: Ten Pin Tuesday- Norwich</b> Support Fee: Non-Member £5	24 <sup>th</sup> August	Meal & Bowling	Bowling Only	
Thursday 5 <sup>th</sup> September	<b>Activity: Fitness for Fun - Energise</b> Fee: FREE for first 12 people £5 per person thereafter	26 <sup>th</sup> August			
Monday 7 <sup>th</sup> September	<b>Activity: Pleasurewood Hills</b> Travel Cost: £10 Non-member. £5 members. Carers £5	28 <sup>th</sup> August			
Sunday 8 <sup>th</sup> September	<b>Activity: Grow and Go</b> Support Fee: Non-Member £5	29 <sup>th</sup> August			
Monday 9 <sup>th</sup> September	<b>Activity: Boccia</b> Cost: £3 payable on the night	30 <sup>th</sup> August			
Tuesday 10 <sup>th</sup> September	<b>Activity: Fitness for Fun - Gym Session</b> Fee: FREE for first 12 people £5 per person thereafter	31 <sup>st</sup> August			
Saturday 14 <sup>th</sup> September	<b>Activity: Skills for Life – Train Travel training</b> Support Fee: Non-Member £5	4 <sup>th</sup> September			
Sunday 15 <sup>th</sup> September	<b>Activity: Weekend Walkabout</b> Support Fee: Non-Member £5	5 <sup>th</sup> September			
Tuesday 17 <sup>th</sup> September	<b>Activity: Grow and Go</b> Support Fee: Non-Member £5	7 <sup>th</sup> September			
Tuesday 17 <sup>th</sup> September	<b>Activity: Ten Pin Tuesday- Norwich</b> Support Fee: Non-Member £5	7 <sup>th</sup> September	Meal & Bowling	Bowling Only	
Thursday 19 <sup>th</sup> September	<b>Activity: International Food Quest</b> Support Fee: Non-Member £5	9 <sup>th</sup> September			
Saturday 21 <sup>st</sup> September	<b>Activity: Fitness for Fun - Swimming</b> Cost: No activity support fee	11 <sup>th</sup> September			
Tuesday 24 <sup>th</sup> September	<b>Activity: Ten Pin Tuesday - Dereham</b> Support Fee: Non-Member £5	14 <sup>th</sup> September			
Sunday 29 <sup>th</sup> September	<b>Activity: Sunday Cinema</b> Support Fee: Non-Member £5	19 <sup>th</sup> September			
Monday 30 <sup>th</sup> September	<b>Activity: Boccia</b> Cost: £3 payable on the night	20 <sup>th</sup> September			

If you would like to find out more about the benefits of becoming a BUILD member, or you have any questions about the activities or booking process, please contact the office on 01603 618029 or email [admin@buildcharity.co.uk](mailto:admin@buildcharity.co.uk)