



# BUILD Activity Booking Form: July 2019

To book your place on any of BUILD's activities, please complete this form.

- Fill in your personal details below
- Tick all the activities you would like to book (don't forget to book bus/train buddies, if applicable)
- Return your form by either email to **admin@buildcharity.co.uk** or in an envelope to: **BUILD Charity Ltd., Church House, Church Alley, Redwell Street, Norwich, NR2 4SN**, or you can return your form at **Wednesday Club**.
- Remember that your booking is not confirmed until you have received confirmation from us and that booking by the deadline is vital, as some activities fill up very fast.
- If you cancel less than **48 hours** before the start of an event or do not attend you will be charged a **£5 Administration Fee**.

|  |      |     |  |
|--|------|-----|--|
| <b>Name:</b>                             |      |     |  |
| <b>Telephone Number:</b>                 |      |     |  |
| <b>I will bring a supporter with me:</b> | Yes: | No: |  |

### For payment:

You will receive an invoice at the end of each month for the payment that is due.

**Please turn over for list of activities**

## Activities for July 2019

| Date of Activity                  | Details   | Book by Date             | Tick to Book      |                 | Tick for Bus/Train Buddy |
|-----------------------------------|---|--------------------------|-------------------|-----------------|--------------------------|
| Tuesday<br>2 <sup>nd</sup> July   | <b>Activity: Grow and Go</b><br>Support Fee: Non-Member £5  | 22 <sup>nd</sup><br>June |                   |                 |                          |
| Tuesday<br>2 <sup>nd</sup> July   | <b>Activity: Ten Pin Tuesday- Norwich</b><br>Support Fee: Non-Member £5                                     | 22 <sup>nd</sup><br>June | Meal &<br>Bowling | Bowling<br>only |                          |
| Thursday<br>4 <sup>th</sup> July  | <b>Activity: Fitness for Fun - Energise</b><br>FEE: FREE for first 12 people<br>£5 per person thereafter    | 24 <sup>th</sup><br>June |                   |                 |                          |
| Sunday<br>7 <sup>th</sup> July    | <b>Sunday Lunch Club: White Horse Inn</b><br>Support Fee: Non-Member £5                                     | 27 <sup>th</sup><br>June |                   |                 |                          |
| Monday<br>8 <sup>th</sup> July    | <b>Activity: Boccia</b><br>Cost: £3 payable on the night  | 28 <sup>th</sup><br>June |                   |                 |                          |
| Tuesday<br>9 <sup>th</sup> July   | <b>Activity: Fitness for Fun - Gym Session</b><br>Fee: FREE for first 12 people<br>£5 per person thereafter | 29 <sup>th</sup><br>June |                   |                 |                          |
| Saturday<br>13 <sup>th</sup> July | <b>Activity: Skills for Life – Cathedral Visit</b><br>Support Fee: Non-Member £5                            | 3 <sup>rd</sup><br>July  |                   |                 |                          |
| Sunday<br>14 <sup>th</sup> July   | <b>Activity: Grow and Go</b><br>Support Fee: Non-Member £5  | 4 <sup>th</sup><br>July  |                   |                 |                          |
| Tuesday<br>16 <sup>th</sup> July  | <b>Activity: Ten Pin Tuesday- Norwich</b><br>Support Fee: Non-Member £5                                     | 6 <sup>th</sup><br>July  | Meal &<br>Bowling | Bowling<br>only |                          |
| Thursday<br>18 <sup>th</sup> July | <b>Activity: International Food Quest</b><br>Support Fee: Non-Member £5                                     | 8 <sup>th</sup><br>July  |                   |                 |                          |
| Saturday<br>20 <sup>th</sup> July | <b>Activity: Fitness for Fun - Swimming</b><br>Fee: No Activity Support Fee                                 | 10 <sup>th</sup><br>July |                   |                 |                          |
| Sunday<br>21 <sup>st</sup> July   | <b>Activity: Weekend Walkabout</b><br>Support Fee: Non-Member £5  | 11 <sup>th</sup><br>July |                   |                 |                          |
| Monday<br>22 <sup>nd</sup> July   | <b>Activity: Boccia</b><br>Cost: £3 payable on the night  | 12 <sup>th</sup><br>July |                   |                 |                          |
| Tuesday<br>23 <sup>rd</sup> July  | <b>Activity: Grow and Go</b><br>Support Fee: Non-Member £5  | 13 <sup>th</sup><br>July |                   |                 |                          |
| Saturday<br>27 <sup>th</sup> July | <b>Activity: Pirates Island Adventure Golf</b><br>Support Fee: Non-Member £5                                | 17 <sup>th</sup><br>July |                   |                 |                          |
| Sunday<br>28 <sup>th</sup> July   | <b>Activity: Sunday Cinema</b><br>Support Fee: Non-Member £5  | 18 <sup>th</sup><br>July |                   |                 |                          |
| Tuesday<br>30 <sup>th</sup> July  | <b>Activity: Ten Pin Tuesday - Dereham</b><br>Support Fee: Non-Member £5                                    | 20 <sup>th</sup><br>July |                   |                 |                          |

If you would like to find out more about the benefits of becoming a BUILD member, or you have any questions about the activities or booking process, please contact the office on 01603 618029 or email [admin@buildcharity.co.uk](mailto:admin@buildcharity.co.uk)